



Reflections on Leadership:
Lessons from Diversity

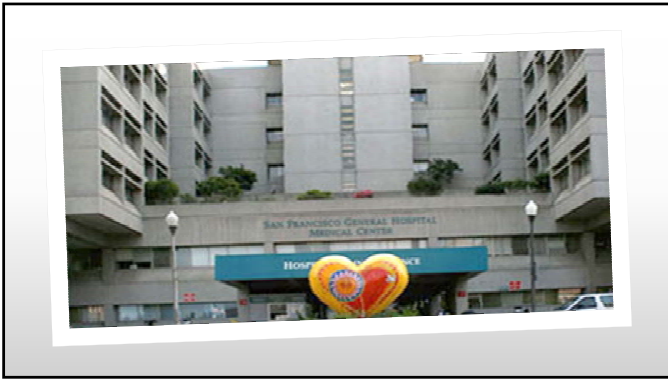
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Interim Associate Vice Chancellor
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Associate Dean for Faculty
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...but like a child.









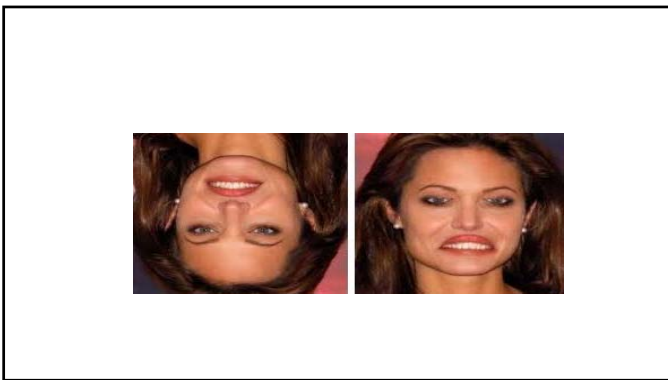




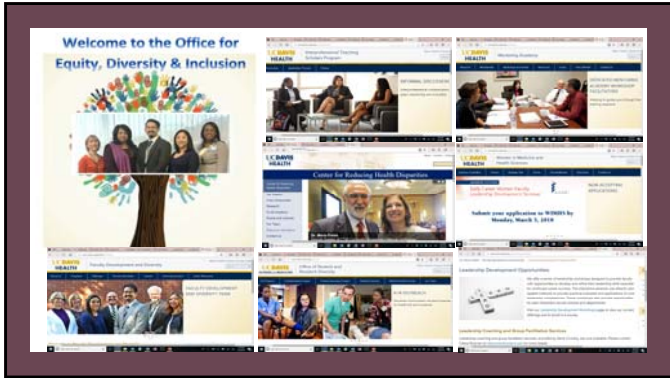
Director of Education at the Center for Reducing Health Disparities
Director of Cultural Competency and Professionalism
Director of Medical Student Education in Psychiatry

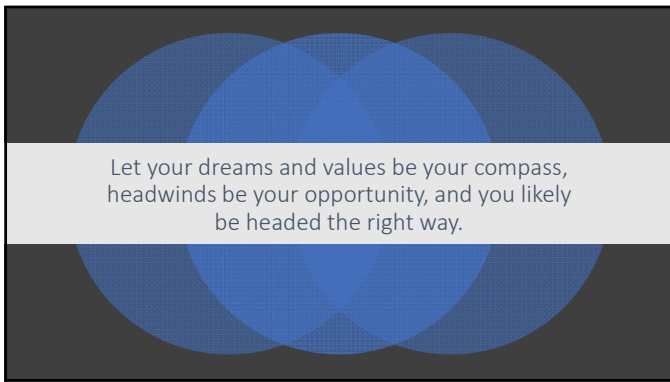


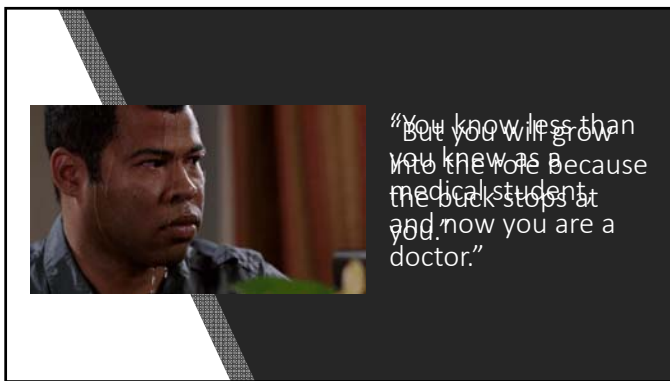














Be the calm in the storm,
Be the shield for your patients
and community,

Don't take the microphone.







But don't lose your ability to speak community



- Thay những món ăn nhiều mỡ bằng những món ăn nhiều trái cây, rau quả, ngũ cốc và đậu hạt.
- Bớt ăn những món nhiều mỡ như thịt ba rọi, chân giò, lạp xường.
- Chọn các món nướng hay luộc, bớt món chiên xào như thịt gà chiên, khoai tây chiên, ham-bông, chuối chiên dầu, hoặc chả giò.
- Chọn các loại sữa tươi, da-ua, phô mát ít chất béo hay không có chất béo.
- Khi ăn các món đóng gói sẵn hay đến tiệm ăn, nên chọn những món ít chất béo.













